

PHILOSOPHY

WHO GOES FIRST?

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A recent example of self-experimentation is the famous trial where Dr. Barry Marshall swallowed a tube full with *Helicobacter pylori* which led him to develop gastritis. Lawrence K. Altman, M.D. has written the [story of self-experimentation in medicine](#) covering the many facets of these heroic experiments. Published already in 1987, I discovered this book only now. Highly recommended, yea, yea.

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