

ALLERGY, VITAMINS

LET VITAMIN D SHINE IN

30.01.2007

said the [Denver Post](#) giving a nice overview of vitamin D [research](#). This was just 1 day too early for a fascinating nature immunology paper ([scienceblog:doi:10.1038/nr1433](https://doi.org/10.1038/nr1433);) that links for the first time natural sunlight induced vitamin D action on dendritic cells. Seems that D3 will influence homing of T cells - we are again at "[Licht und Leben](#)", yea, yea.

Addendum

- Don't miss the nice talk by Dr. Vieth at [insinc](#)
- D3 induced Th1 block will allow Th17 action that is credited for causing and [sustaining tissue damage](#)
- D3 induces [cathelicidin](#) in another study.
- [Deutschlandradio](#) reported the vitamin D - allergy story on Feb 10, 2007.

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