

ALLERGY

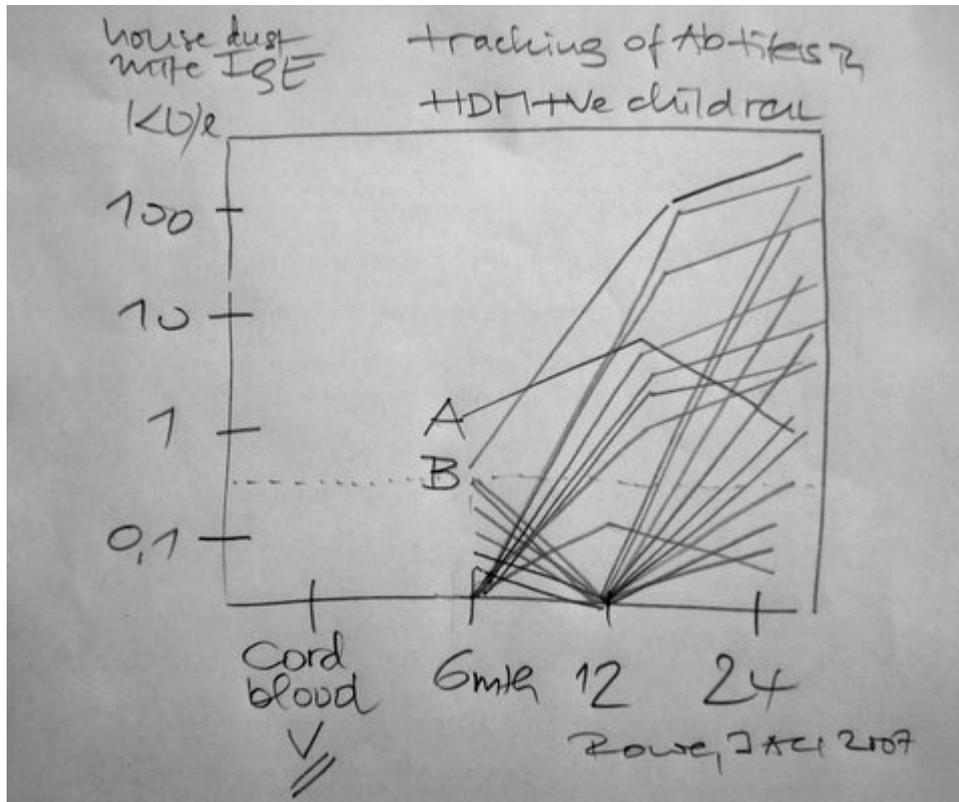
WHEN ARE WE BEING SENSITIZED?

14.04.2007

[JACI](#) has a paper in press that addresses this important question. The background is that allergen induced T-cell reactivity has been shown in cord blood - a strong argument that sensitization occurs transplacentally. Genotyping of these cells confirmed their fetal origin. It is unclear, however, if this is only a transient (normal?) reaction - and mothers want to know if they need to avoid for example peanuts during pregnancy. Rowe et al. now arrive at a clear conclusion

These findings question the scientific basis for existing recommendations for allergen avoidance by high-risk women during pregnancy

Lets have a look at their key result - figure 2B top right:



Only when redrawing their results, I found that the cord blood values are missing from the plot - which certainly weakens their findings. Furthermore we can see 2 individuals (marked with "A" and "B") that had elevated HDM IgE levels at 6 months and continued to

have high values. So, I would slightly modify their conclusions to

Allergen sensitization of the embryo is not the rule but may occur

If you want to follow this fascinating field here are two links: [Prof. Holt's group](#) & a [new immune tolerance study](#)

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