

JOKE

FIT FOR FAT OR SO

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“Fit statt fett” is a program discussed today in [German parliament](#). Although all experts agree on the problem they [disagree](#) on goals and methods, saying that this is a waste of money by overweight experts sitting round the table. One of the main problems is what constitutes [healthy food](#); another one how to get people moving. [Whatever the solutions are](#), I will never understand why such an expensive strategy cannot be evaluated first in a smaller city.

Here is my contribution to the problem: tenniquits / ringtennis. Has been invented in [Karlsruhe](#) (at Rheinstrandbad Rappenwörth) where the former mayor Hermann Schneider adapted the boat game deck tennis from a trip to New York. As children we all played there frequently but I discovered only now that this [famous game](#) is not so much known in the rest of the world. The rubber ring just weights 200 g, costs 5 €\$ – fits into every backpack – [rules are available online](#).