

ALLERGY

# SURFER'S ASTHMA

27.05.2009

Here comes the link to a case report of [surfer's asthma](#) (could not resist)

... We present the case of a 42-year-old man with a 2-year history of wheezing, chest tightness, and upper respiratory symptoms that were associated with surfing. He denied symptoms with other forms of exercise and had no personal history of asthma. His physical exam was unremarkable and his pre- and postbronchodilator spirometry was normal. After detailed history and keen observation on the patient's part, a diagnosis was made and he enjoyed good response to the therapy for this condition ...

Yes, we know about baker's asthma (and many other occupational triggers that didn't make it into the literature) while surfer's asthma is clearly something new. Physical triggers like cold+dry or wet+warm air let many asthmatics cough - or is it simply the thrill of surfing that let the pupil and the airway narrow?

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