

ALLERGY, VITAMINS

# PANDEMY OF VITAMIN D DEFICIENCY

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Yes, we know “slow virus is good for your lab as it keeps your lab running” with similiar mechanisms are being found in many research areas. Best of all – declare everybody as diseased (or at least at risk) like seen in [Vol 624](#) (sic!) of “Advances in Experimental Medicine and Biology”:

## **Vitamin D Deficiency Pandemic**

It is estimated that one billion people world-wide are at risk of **vitamin D** deficiency.<sup>23</sup> Upwards of 30-50% of both children and adults in the United States, Europe, **South America**, Middle East and Far East are at risk.<sup>59-75</sup> The major cause for this pandemic is the lack of appreciation of the beneficial effect of sunlight in producing **vitamin D**.<sup>3,23,75</sup> In the sunniest areas of the world, **vitamin D** deficiency is common because of lack of adequate sun exposure.<sup>70-72</sup>

One billion humans with a serious disorder? Forget both Darwin and intelligent design? I think some people forgot how rickets looks like, yea, yea.