

JOKE, PHILOSOPHY

# FAKE IT TILL YOU MAKE IT

15.10.2009

Wikipedia defines

“Fake it till you make it” (also called “act as if”) is a common catchphrase that means to imitate confidence so that as the confidence produces success, it will generate real confidence. The purpose is to avoid getting stuck in a self fulfilling prophecy related to one’s fear of not being confident, e.g., by thinking, “I can’t ask that girl out because she would sense my lack of confidence.”

and attributes it to such different areas like depression, alcohol dependency or rap music while this may be also motif also of a science career (while should not be confused with scientific breakthroughs). What about giving [Nobel](#) prizes in Medicine and Physiology also to emergent young MDs?

CC-BY-NC Science Surf , accessed 05.05.2026, [click to save as PDF](#)

---