

ALLERGY

# YOU GET WHAT YOU PAY FOR

29.01.2016

Finally, the [Copenhagen](#) and [Boston](#) clinical trials of vitamin D supplementation in pregnancy have been published in JAMA today. There is no protection against asthma or wheezing when comparing 4400 IU or 2800 IU vitamin D vs 400 IU vitamin D.

From basic pharmacology and immunology, this is an expected result: the only interesting point would have been to compare vitamin vs placebo. Even the editorial missed the most important point – what happens to the newborn immune system when being supplemented with vitamin D?

CC-BY-NC Science Surf accessed 15.02.2026 