ALLERGY, VITAMINS

VITAMIN D TRIALS IN NEWBORNS NEVER DONE

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Vitamin D was introduced into clinical medicine in 2 large waves basically in the 1930ies and 1960ies without any clinical study.

Although I am interested in the relationship twith allergy since 1999 none of our proposed four vitamin D trials were funded.

2005: "Vitamin D and Induction of Allergies"

2013: "Vitamin D and allergy (VIT-AL)"

2017: "Biomarker Screening of Vitamin D response in Newborns (VITAPRIME)"

2017: "Immunological effects of vitamin D supplementation in newborns in Ghana

(IMVITAD-GHA)"

Unfortunately the published clinical studies so far <u>missed the point</u> as they were looking only at pregnancy and not at newborn supplements (<u>VDAART</u>, <u>COPSAC</u> and <u>Grant/NZ</u>).

But there are good news now, as studies are going on in Australia and Finland that are sufficiently powered and examining exposure in the newborn period: <u>VIDI</u> and <u>VITALITY</u>. The only problem there will be the inevitable co-exposure by vitamin D supplemented baby food.

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