

ALLERGY, VITAMINS

VITAMIN D TRIALS IN NEWBORNS NEVER DONE

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Vitamin D was introduced into clinical medicine in 2 large waves basically in the 1930ies and 1960ies without any clinical study.

Although I am interested in the relationship with allergy since [1999](#) none of our proposed four vitamin D trials were funded.

2005: "Vitamin D and Induction of Allergies"

2013: "Vitamin D and allergy (VIT-AL)"

2017: "Biomarker Screening of Vitamin D response in Newborns (VITAPRIME)"

2017: "Immunological effects of vitamin D supplementation in newborns in Ghana (IMVITAD-GHA)"

Unfortunately the published clinical studies so far [missed the point](#) as they were looking only at pregnancy and not at newborn supplements ([VDAART](#), [COPSAC](#) and [Grant/NZ](#)).

But there are good news now, as studies are going on in Australia and Finland that are sufficiently powered and examining exposure in the newborn period: [VIDI](#) and [VITALITY](#). The only problem there will be the inevitable co-exposure by vitamin D supplemented baby food.