

JOKE

# MANIA & RITALIN

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## Mania

<https://www.verywellmind.com/symptoms-of-mania-380311>

reduced need for sleep  
increased rate of speech  
flight of ideas  
being easily distracted  
high self-esteem  
an increased interest in goal-oriented activities  
psychomotor agitation  
increased pursuit of risky or dangerous activities  
inappropriate humor  
extreme impulsiveness  
apparent lack of insight into the consequences of an action  
reckless and extravagant spending  
hypersexuality and sexually provocative behaviors

Mechanics: Frontal cortex (Brodmann area 9) shows upregulation of mRNA and protein levels of neuroinflammatory and arachidonic acid (AA) cascade markers linked to increased glutamatergic function.


## Ritalin

<https://www.rxlist.com/ritalin-side-effects-drug-center.htm#professional>

nervousness  
agitation  
anxiety  
insomnia  
distractibility  
increased attention span

hyperactivity  
emotional lability  
sweating  
psychosis  
libido changes

Mechanics: Methylphenidate inhibits the reuptake of dopamine and norepinephrine, increased dopaminergic and noradrenergic activity in the prefrontal cortex.

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