

JOKE

MANIA & RITALIN

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Mania

<https://www.verywellmind.com/symptoms-of-mania-380311>

reduced need for sleep

increased rate of speech

flight of ideas

being easily distracted

high self-esteem

an increased interest in goal-oriented activities

psychomotor agitation

increased pursuit of risky or dangerous activities

inappropriate humor

extreme impulsiveness

apparent lack of insight into the consequences of an action

reckless and extravagant spending

hypersexuality and sexually provocative behaviors

Mechanics: Frontal cortex (Brodmann area 9) shows upregulation of mRNA and protein levels of neuroinflammatory and arachidonic acid (AA) cascade markers linked to increased glutamatergic function.

Ritalin

<https://www.rxlist.com/ritalin-side-effects-drug-center.htm#professional>

nervousness

agitation

anxiety

insomnia

distractibility

increased attention span

hyperactivity
emotional lability
sweating
psychosis
libido changes

Mechanics: Methylphenidate inhibits the reuptake of dopamine and norepinephrine, increased dopaminergic and noradrenergic activity in the prefrontal cortex.

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