

JOKE

MANIA & RITALIN

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Mania

<https://www.verywellmind.com/symptoms-of-mania-380311>

reduced need for sleep
increased rate of speech
flight of ideas
being easily distracted
high self-esteem
an increased interest in goal-oriented activities
psychomotor agitation
increased pursuit of risky or dangerous activities
inappropriate humor
extreme impulsiveness
apparent lack of insight into the consequences of an action
reckless and extravagant spending
hypersexuality and sexually provocative behaviors

Mechanics: Frontal cortex (Brodmann area 9) shows upregulation of mRNA and protein levels of neuroinflammatory and arachidonic acid (AA) cascade markers linked to increased glutamatergic function.

Ritalin

<https://www.rxlist.com/ritalin-side-effects-drug-center.htm#professional>

nervousness
agitation
anxiety
insomnia
distractibility
increased attention span

hyperactivity
emotional lability
sweating
psychosis
libido changes

Mechanics: Methylphenidate inhibits the reuptake of dopamine and norepinephrine, increased dopaminergic and noradrenergic activity in the prefrontal cortex.

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