

PHILOSOPHY

# WE DON'T NEED SOCIAL MEDIA IN SCIENCE

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[Madonna eventually](#) arrived at the same conclusion - we don't need any Facebook and Instagram. [Neither ResearchGate, LinkedIn and Academia.edu](#). Concentrating on your work gives you more satisfaction.

Madonna has about 14 million followers on Instagram, so the American singer knows first-hand how powerful the photo-sharing social network is for "influencing." But now she's speaking out against Instagram and the darker side of using it.

"You get caught up in comparing yourself to others," the 60-year-old star tells The Sun in a new interview. "I think Instagram is made to make you feel bad."

She says it's especially hard for artists to develop their art and as people under the Instagram microscope.

"I was lucky enough to have a life as an artist before the phone and Instagram and social media because I did have that time to develop as an artist and a human without feeling the pressure of judgment of other people or comparing myself to other people," Madonna states, adding that social media culture "runs people's lives" and makes it harder for artists to "stick to your guns and be who you are."