ONE WORLD

CAR AND BIKE STUDIES

18.02.2020

<u>Is mode of transport to work associated with mortality in the working-age population?</u> You will live longer as a cyclist (New Zealand).

Physical activity and weight following car ownership in Beijing, China: quasi-experimental cross sectional study. You will be overweight after buying a car (Beijing).

The health risks and benefits of cycling in urban environments compared with car use: health impact assessment study. Avoid premature death abd reduce CO2 emissions (Barcelona).

<u>Dutch Cycling: Quantifying the Health and Related Economic Benefits</u>. Get 6 gratis months of life and save 3% gross domestic product. (Amsterdam).

The relationship between bicycle commuting and perceived stress: a cross-sectional study. Less stress (Barcelona).

<u>Physical Activity, Air Pollution, and the Risk of Asthma and Chronic Obstructive Pulmonary Disease</u>. No problem with asthma (Denmark)

Bicycling to Work and Primordial Prevention of Cardiovascular Risk: A Cohort Study Among Swedish Men and Women. Prevents hypertension (Denmark)

Associations between Recreational and Commuter Cycling, Changes in Cycling, and Type 2

<u>Diabetes Risk: A Cohort Study of Danish Men and Women</u>. Decreases diabetes risk (Denmark)

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