**VITAMINS** 

## IL-2 IN OR OUT?

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We know it for ages (1985) that 1,25-Dihydroxyvitamin D3 suppresses human T helper cells by <u>blocking interleukin 2 (IL 2) production</u>. The immune effects were our main argument 2001 <u>against oral vitamin D</u> supplementation of newborns as it may induce later allergy . It is now funny to find now a <u>clinical trial</u> that tests low-dose interleukin-2 in birch pollen allergy.

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